



Karen Velasco

Facilitator, trainer and executive coach

About Karen



Karen is an experienced executive coach and trainer. She's worked in a variety of leadership, training, and HR roles for over 25 years; helping develop managers and leaders in a variety of organisations including Sainsbury, Lidl and Tesco.

Karen is an experienced conference speaker, and recent projects include research into emotional intelligence, performance management, and personal impact and presence.

Karen loves travelling (when allowed) and is fortunate that her work has taken her all over the world – from coaching small business owners in Syria to developing directors and senior managers in Nigeria. Karen is happiest when relaxing at home or on holiday (usually in France) with family and friends and is a keen theatre and film goer.

Meet Karen at Leaders of Tomorrow 2023









About BRCGS

BRCGS is a leading brand and consumer protection organisation, used by over 29,000 certificated suppliers over 130 countries, with certification issued through a global network of accredited certification bodies.

BRCGS' Standards guarantee the standardisation of quality, safety and operational criteria and ensure that manufacturers fulfil their legal obligations and provide protection for the end consumer.

Certification to BRCGS' Standards is now often a fundamental requirement of leading retailers, manufacturers, and food service organisations.

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